

## Suggested Packing List for India

(not everything is necessary, these are tips as you prepare)

- Bible
- Journal
- Toiletries (toothpaste, toothbrush, Kleenex, Q-tips, comb, soap, shampoo, etc.)
- Roll of toilet paper
- Flip-flops for showers
- Towel/Washcloth for some of the hotels
- First-aid items and medicines (cold meds, Tylenol, Band-Aids, Tums, Dramamine, etc.)
- Sheet for covering hotel bed – *if you are picky about sleeping on a very clean sheet*
- Travel pillow/pillowcase - *if you are picky about sleeping on a very clean pillowcase*
- Family photos (everyone loves to see pictures of your family)
- Trash bag for your dirty clothes
- Handkerchiefs - for sweating while speaking or playing with kids
- Sunglasses
- Bank card (if you choose to get cash from your bank account)
- Money belt (pouch to conceal money)
- Spare pens
- Thank you notes
- Voltage/plug converters (Type C – has 2 prongs and will always work and Type D –has a third prong but there sometimes isn't a hole for it)
- Gifts for hosts
- Insect repellent
- Rain jacket
- Sunscreen
- Snacks (trail mix, granola bars, snack crackers)
- Portable phone charger
- Book for travel days



### Things to put in a carry-on or in a money belt:

- Motion sickness pills
- Itinerary
- Passport
- Prescription medication
- Cash (\$100 is a good amount of spending money for buying gifts)